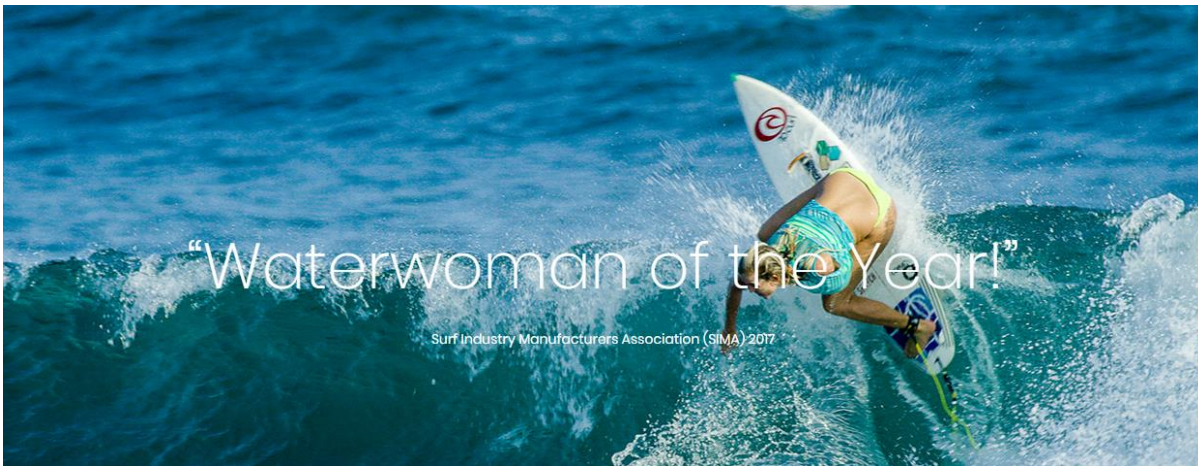


P&HE

What can we learn from Bethany Hamilton?



At the age of 13 as a rising surf star, Bethany lost her left arm to a 14-foot tiger shark, which seemed to end her dream career. However, one month after the attack, Bethany returned to surfing and within two years had won her first national surfing title. At 17 years old, she realized her dream of surfing professionally and she is still an active surf competitor to this day. Bethany has been able to touch a large number of people with her faith message, charitable efforts and overall spirit.

Find out more by listening to Bethany telling her life story:

<http://www.viewpure.com/-DF1Clfb3Vc?start=0&end=0>

If you want to know more about this amazing young woman:

<https://bethanyhamilton.com/biography/>

Activity:

Answer the following questions, discussing it with someone at home if you can:

What was Bethany's life like BEFORE the shark attack?

What was Bethany's life like AFTER the shark attack?

What do you think are the issues that might face an amputee or person with a disability?

Is it always an advantage or disadvantage to be an amputee?

What messages do you think Bethany is trying to inspire others with?

Make a list of your ideas.

What has Bethany Hamilton's story taught you?