



Merdon Junior School - Week 3 Menu

Week commencing: 9th Mar, 13th April, 4th May, 1st June, 22nd June, 13th July

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DELI	DESSERT
MONDAY	 <p>Homemade Beef Lasagne served with Warm Baguette and Seasonal Vegetables</p>	 <p>Veggie Meatballs & Pasta served with Warm Baguette and Seasonal Vegetables</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling</p>	 <p>Flapjack</p>
TUESDAY	 <p>Sausage Cowboy Hotpot served with Mashed Potato and Seasonal Vegetables</p>	 <p>Veggie Sausage and Baked Bean Hotpot served with Mashed Potato and Seasonal Vegetables</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling</p>	 <p>Chocolate Cornflake Cake</p>
WEDNESDAY	 <p>Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Gravy</p>	 <p>Creamy Vegetable Pie served with Roast Potatoes and Seasonal Vegetables</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling</p>	 <p>Jam Sponge & Custard</p>
THURSDAY	 <p>American Chicken Wrap served with Warm Baguette and Seasonal Vegetables</p>	 <p>Vegetable Paella served with Warm Baguette and Seasonal Vegetables</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling</p>	 <p>Apple Crumble & Custard</p>
FRIDAY	 <p>Fish Fingers served with Chips, Beans, Peas & Tomato Ketchup</p>	 <p>Macaroni Cheese served with Warm Baguette, and Seasonal Vegetables</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling</p>	 <p>Fruity Friday</p>

All meals come with seasonal vegetables or salad of your choice.
 *Some photos may depict different sides to those described.