



Week One Menu

Served weeks commencing:
3rd Nov, 24th Nov, 15th Dec, 19th Jan, 9th Feb



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Sausages Mashed Potato Seasonal vegetables	Beef Lasagne Diced potatoes Mixed garden salad	Roast Chicken Roast Potatoes Seasonal vegetables Gravy	Beef Chilli Con Carne Rice Seasonal vegetables	Fish Fingers Chips Peas Baked Beans Ketchup
VEGETARIAN	Vegetarian Sausage Mashed Potato Seasonal Vegetables	Vegetarian Lasagne Diced potatoes Mixed garden salad	Vegetarian Mince and Onion Pie Roast Potatoes Seasonal vegetables Gravy	Vegetable Enchilada Rice Seasonal Vegetables	Cheese and Tomato Pizza Chips Peas Baked Beans Ketchup
JACKET POTATO PASTA DISH	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans
SANDWICH	White Sandwich served with your choice of Ham Cheddar Cheese Egg Mayonnaise	White Baguette served with your choice of Ham Cheddar Cheese Tuna Mayonnaise	White Bap served with your choice of Ham Cheddar Cheese Egg Mayonnaise	White Baguette served with your choice of Ham Cheddar Cheese Tuna Mayonnaise	White Sandwich served with your choice of Ham Cheddar Cheese Egg Mayonnaise
DESSERTS	Lemon sponge with custard	Shortbread with fruit wedges	Iced chocolate sponge	Apple Crumble Served with Custard	Fruity Friday



AVAILABLE DAILY:

- Choice of Freshly Baked Wholemeal Bread,
- Seasonal Salad Bar, Water, Seasonal Fresh Fruit,
- Fruit Yoghurt and Fruit Jelly.

