

NON CONTACT KARATE TAUGHT BY fully QUALIFIED INSTRUCTORS



EVERYONE WELCOME
FROM 4 YEARS OLD



WE TEACH TRADITIONAL KARATE
ENCOURAGING CONFIDENCE, RESPECT,
DISCIPLINE, SELF AWARENESS AND AGILITY IN
A FUN & CONTROLLED ENVIRONMENT. All
classes are friendly, informative & cater to the
individual needs of the student.



Merdon Junior School
Mondays 7:45am-8:45am

£6 PER CLASS – pay as you go
Membership required after first class - £27 per year

MANY MORE CLASSES TO CHOOSE FROM, FIND THEM ALL AT: WWW.SOUTHERNKARATE.ORG

FOR MORE INFORMATION AND TO BOOK YOUR PLACE

EMAIL: info@southernkarate.org

Tel: 07764 478507



Child Protection
in Sport Unit

