

What is Sikhism?



1. How many people follow Sikhism?

- 20 Million people around the world
- 500,000 People in the UK

2. Where does Sikhism come from?

- Founded In the Indian region of the Punjab some 500 years ago
- Sikhism was founded by Guru Nanak
- He was the 1st of 10 Gurus



3. Where do Sikhs Worship?

- Sikhs worship in a temple called the “Gurdwara”
- They don’t have a day of worship however most Sikhs tend to go on a Sunday in the UK
- Sikhs pray and eat together at the Gurdwara
- The most important temple to Sikhs is the “Golden Temple” or Harmandir Sahib found in Amritsar , in the Punjab region of India



HRMANDIR SHAIB (GOLDEN TEMPLE)

4. What do Sikhs believe in?

- The Gurus are the spiritual leaders.
- Sikhs believe in one God called Waheguru
- Sikhs believe all other religions worship Waheguru as well
- Sikhs follow the teachings or scriptures written in a book called “Guru Granth Sahib”
- Sikhs treat the Guru Granth Sahib as the 11th eternal Guru
- Sikhs believe everyone is treated equally whether boy or girl or anyone of different Religions.
- They like to serve people and volunteer to help people for example serving food to the homeless



GURU NANAK



GURU GRANTH SAHIB