

Family Activities

Family Activity: READ



Empathy Spotter

The whole family can take part in this activity.

Sharing a story is a great way of connecting and feeling close to others.

You will need: an Empathy Short, which you'll find [here](#) from 27 May

Ask someone in your family to read one of our Empathy Shorts out loud to the rest of the group.

Once they've finished reading, **talk about how you felt about the story.**

- Were there any characters you felt more empathy for?
- Did the characters show empathy for each other?

What is an Empathy Short?

Empathy Shorts are short stories created by children's writers especially for Empathy Day. We'll be releasing them on 27 May during the Countdown to Empathy Day.

Reading together is a great way to spend special time as a family. And discussing the story afterwards really helps you understand other people's feelings and perspectives.

If you liked this activity, **why not try it with some of your own books?**

Remember to follow [@EmpathyLabUK](#) on social media to read all the latest Empathy Shorts as they're released

#EmpathyDay - Read stories. Build empathy. Make a better world.