

Buddhism - One of the world's religions



Buddhism started in India over 2,500 years ago.

Activity 1:

Watch the video and talk through main points of the religion on the whole of this BBC website page.

It is a great summary of main points! Children can do quiz at the end to see what learnt!

<https://www.bbc.co.uk/bitesize/topics/zh4mrj6/articles/zdbvjhv>

Activity 2:

Like most religions, Buddhists use symbols to represent different aspects of their religion.

Can you guess what these symbols may mean?



See at the bottom of the next page for the answers!!!

Activity 3:

Choose from one of the symbol activities below:

Activity option 1:

Make an origami lotus flower



Activity option 3:

Use drawing pencils to draw and shade a lotus flower using a photo stimulus



Activity option 2:

Use the Buddhist symbols to create your own Buddhist doodle



Activity option 4:

Draw and annotate your own symbol to represent something important in your own life.

Answers:

- 1) The 8 fold wheel showing 8 ways Buddhists should lead their lives
- 2) The parasol (like an umbrella) representing protection of the Buddha
- 3) The lotus flower representing peace