



Merdon Junior School - Week 3 Menu

Week Commencing; 14th Sept, 5th Oct, 26th Oct

MONDAY

MAIN MEAL



Homemade Beef Lasagne served with Warm Baguette and Seasonal Vegetables

VEGETARIAN



Veggie Meatballs & Pasta served with Warm Baguette and Seasonal Vegetables

JACKET POTATO / PASTA



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling

DELI



Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling

DESSERT



Flapjack

TUESDAY



Sausage Cowboy Hotpot served with Mashed Potato and Seasonal Vegetables



Veggie Sausage and Baked Bean Hotpot served with Mashed Potato and Seasonal Vegetables



Pasta with Tomato and Basil Sauce



Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling



Chocolate Cornflake Cake

WEDNESDAY



Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Gravy



Creamy Vegetable Pie served with Roast Potatoes and Seasonal Vegetables



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling



Jam Sponge & Custard

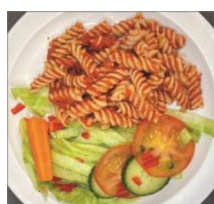
THURSDAY



American Chicken Wrap served with Warm Baguette and Seasonal Vegetables



Vegetable Paella served with Warm Baguette and Seasonal Vegetables



Pasta with Tomato and Basil Sauce



Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling

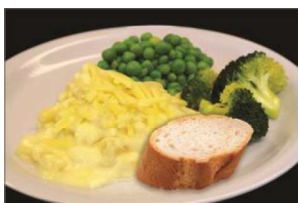


Apple Crumble & Custard

FRIDAY



Fish Fingers served with Chips, Beans, Peas & Tomato Ketchup



Macaroni Cheese served with Warm Baguette, and Seasonal Vegetables



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling



Fruity Friday

All meals come with seasonal vegetables or salad of your choice.

*Some photos may depict different sides to those described.