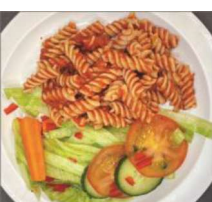




Merdon Junior School - Week 2 Menu

Week Commencing; 7th Sept, 28th Sept, 19th Oct

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DELI	DESSERT
MONDAY	 Tuna Pasta Bake served with Warm Baguette and Seasonal Vegetables	 Macaroni Cheese served with Warm Baguette, and Seasonal Vegetables	 Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling	 Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling	 Chocolate Sponge with Chocolate Custard
TUESDAY	 Sausages served with Mashed Potato and Seasonal Vegetables	 Vegetarian Sausage served with Mashed Potato and Seasonal Vegetables	 Pasta with Tomato and Basil Sauce	 Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling	 Banana Muffin
WEDNESDAY	 Roast Turkey served with Roast Potatoes, Seasonal Vegetables and Gravy	 Vegetarian Mince & Onion Pie served with Roast Potatoes, Seasonal Vegetables and Gravy	 Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling	 Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling	 Pineapple Upside Down Sponge & Custard
THURSDAY	 Mild Beef Chilli Con Carne with Rice and Seasonal Vegetables	 Vegetarian Mince Chilli and Rice with Seasonal Vegetables	 Pasta with Tomato and Basil Sauce	 Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling	 Shortbread
FRIDAY	 Fish Fingers or Salmon Fish Fingers served with Chips, Beans, Peas & Tomato Ketchup	 Cheese & Tomato Pizza served with Chips, Beans, Peas & Tomato Ketchup	 Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling	 Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling	 Fruity Friday

All meals come with seasonal vegetables or salad of your choice.
*Some photos may depict different sides to those described.