



Merdon Junior School - Week 1 Menu

Week Commencing; 1st Sept, 21st Sept, 12th Oct

MONDAY

MAIN MEAL



Beef Burger in a Bun served with Potato Wedges, Mixed Garden Salad and Coleslaw

VEGETARIAN



Veggie Burger in a Bun served with Potato Wedges, Mixed Garden Salad and Coleslaw

JACKET POTATO / PASTA



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling

DELI



Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling

DESSERT



Chocolate Brownie

TUESDAY



Chicken Curry & Rice served with Peas and Sweetcorn



Chickpea and Sweet Potato Curry & Rice served with Peas and Sweetcorn



Pasta with Tomato and Basil Sauce



Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling



Oaty Cinnamon Cookie

WEDNESDAY



Roast Gammon served with Roast Potatoes, Seasonal Vegetables and Gravy



Vegetarian Sausage served with Roast Potatoes, Seasonal Vegetables and Gravy



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling



Jam Sponge & Custard

THURSDAY



Ham Pizza served with Potato Wedges, Mixed Garden Salad and Coleslaw



Margherita Pizza served with Potato Wedges, Mixed Garden Salad and Sweetcorn



Pasta with Tomato and Basil Sauce



Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling



Peach Crumble & Custard

FRIDAY



Battered Fish served with Chips, Beans, Peas & Tomato Ketchup



Veggie Bolognaise Loaded Jacket Potato



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Sandwiches with your choice of Cheese, Ham or Tuna Mayonnaise filling



Fruity Friday

All meals come with seasonal vegetables or salad of your choice.
*Some photos may depict different sides to those described.